

# 萬佛聖城觀音七時間表

CITY OF 10,000 BUDDHAS DAILY SCHEDULE FOR  
GWAN YIN BODHISATTVA RECITATION SESSION

11/2 -- 11/7/09

| <b>Morning</b>      |                 | <b>AM</b>   |
|---------------------|-----------------|---|
| 4:00 – 5:00         | 早課              | Morning Recitation  |
| 5:00 – 6:00         | 拜願 / 打坐         | Universal Bowing / Meditation                               |
| 6:15 – 6:45         | 早齋 / 打坐         | Breakfast / Meditation                                      |
| <b>7:00 – 8:20</b>  | <b>普門品 / 繞念</b> | <b>Universal Door Chapter / Walking Recitation</b>          |
| 8:20 – 8:45         | 坐念              | Seated Recitation   |
| 8:45 – 9:10         | 止靜              | Silent Recitation   |
| 9:10 – 9:35         | 繞念              | Walking Recitation  |
| 9:35 – 10:00        | 坐念 / 回向         | Seated Recitation / <b>Transference</b>                     |
| <b>10:20 -10:50</b> | <b>上供 / 回向</b>  | <b>Meal Offering / Transference</b>                         |
| 11:00 – 11:50       | 午齋              | Noon Meal   |
| <b>Afternoon</b>    |                 | <b>PM</b>   |
| <b>1:00 – 2:20</b>  | <b>普門品 / 繞念</b> | <b>Universal Door Chapter / Walking Recitation</b>          |
| 2:20 – 2:45         | 坐念              | Seated Recitation   |
| 2:45 – 3:10         | 止靜              | Silent Recitation   |
| 3:10 – 3:35         | 繞念              | Walking Recitation  |
| 3:35 – 4:00         | 坐念              | Seated Recitation   |
| 4:00 – 4:25         | 止靜              | Silent Recitation   |
| <b>4:25 – 5:00</b>  | <b>往生堂回向</b>    | <b>Transference in the Rebirth Hall</b>                     |
| 5:15 – 5:45         | 晚餐 (居士)         | Dinner (Laity)  |
| <b>Evening</b>      |                 | <b>PM</b>   |
| 6:30 – 7:30         | 晚課<br>/念觀音聖號    | Evening Recitation<br>/Reciting Gwan Yin Bodhisattva's Name |
| 7:30 – 7:50         | 坐念              | Seated Recitation   |
| 7:50 – 8:10         | 止靜              | Silent Recitation   |
| 8:10 – 8:30         | 繞念              | Walking Recitation  |
| 8:30 – 9:00         | 開示              | Lecture   |
| <b>9:00 – 9:40</b>  | <b>大回向</b>      | <b>Great Transference</b>                                   |